

MINISTRY OF EDUCATION AND TRAINING
QUY NHON UNIVERSITY

UNDERGRADUATE PROGRAM

Level of Education: Undergraduate

Major: Physical Education

Major Code: 7140206

Mode of Study: Full-time

UNDERGRADUATE PROGRAM

(Issued together with Decision No.: 2178/QĐ-DHQN dated August 01, 2025 of the Rector of Quy Nhon University)

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1. PROGRAM OBJECTIVES

1.1. General Objective

The Bachelor's Degree Program in Physical Education aims to train graduates who develop comprehensively in terms of ethics, intellect, physical fitness, and aesthetics. Graduates will possess solid knowledge of physical education, sport science, and educational sciences; demonstrate pedagogical competence in teaching, coaching, and organizing physical education and sports activities in schools; and show strong motivation for lifelong learning and research. They are also expected to demonstrate a strong sense of community service, contributing to socio-economic development, ensuring national defense and security, and promoting international integration.

1.2. Specific Objectives

Graduates of the Bachelor's Degree Program in Physical Education are expected to achieve the following objectives:

PO2 – Professional Competence:

Demonstrate pedagogical competence in teaching physical education, coaching basic sports training programs, and organizing sports activities in schools.

PO3 – Skills and Lifelong Learning:

Demonstrate the ability to think critically, work independently and collaboratively, and continuously improve professional competence through self-learning and research.

PO4 – Ethics and Social Responsibility:

Demonstrate professional ethics, civic responsibility, discipline, and commitment to community service, contributing to socio-economic development, national defense and security, and international integration.

2. Career Opportunities and Further Study

Graduates of the Bachelor’s Degree Program in Physical Education may pursue the following career paths:

After graduation, students are qualified to teach Physical Education at different educational levels within the national education system. They may also work in governmental agencies or social organizations related to physical education and sports management, or organize and guide physical education and sports activities for the community in local sport centers, physical education institutions, and sports clubs.

Graduates are also eligible to pursue further studies at the master's and doctoral levels in Physical Education or related disciplines at domestic or international institutions offering postgraduate programs.

3. PROGRAM LEARNING OUTCOMES (PLOs)

PLO1: Apply fundamental knowledge to develop and implement Physical Education curricula and organize teaching activities in educational institutions.	PI 1.1: Identify relevant knowledge in the field of Physical Education.
	PI 1.2: Apply relevant knowledge to develop and implement Physical Education programs in educational institutions.
PLO2: Apply relevant knowledge to organize physical education and sports activities.	PI 2.1: Identify relevant knowledge in the field of physical education and sports.
	PI 2.2: Apply relevant knowledge to organize physical education and sports activities.
PLO3: Apply digital skills and related competencies to evaluate, improve, and innovatively develop professional activities.	PI 3.1: Identify appropriate skills to evaluate and improve the effectiveness of professional activities.
	PI 3.2: Apply relevant skills to evaluate and improve the effectiveness of professional activities.
PLO4: Demonstrate autonomy in learning, self-study, and research, together with personal responsibility and the ability to collaborate effectively in academic and professional environments.	PI 4.1: Demonstrate autonomy in learning, self-study, and research, together with personal responsibility in acquiring knowledge, developing independent thinking, and establishing effective learning strategies.
	PI 4.2: Demonstrate the ability to collaborate effectively in order to enhance learning quality, support students’ holistic development, and contribute to an educational environment that reflects the institution’s distinctive culture.
PLO5: Demonstrate professional ethics	PI 5.1: Identify ethical issues, professional

and responsibilities of a Physical Education teacher, and actively engage in community service activities contributing to the holistic development of individuals.	responsibilities of teachers, and awareness of community service.
	PI 5.2: Demonstrate professional ethics, professional responsibility, and commitment to community service in guiding students' character development, fostering a positive learning environment, and contributing to the holistic development of individuals.

4. PROGRAM DURATION AND TOTAL CREDITS

4.1. Standard program duration: 4 years

4.2. Total program credits: 138 credits (excluding National Defense and Security Education credits).

Program Structure	Credits
General Education Courses	24
Professional Education Courses	114
- Disciplinary and Foundation Courses	38
- Major and Specialized Courses (if any)	57
- Professional Practicum	13
- Graduation Thesis or Alternative Courses	6
Total	138

5. ADMISSION REQUIREMENTS

- Requirement: Applicants must meet the admission requirements for the Physical Education major as specified in the admission information of Quy Nhon University.

- Applicants are expected to possess the qualities and competencies defined in the General Education Program, including five core qualities: patriotism, compassion, diligence, honesty, and responsibility; and ten core competencies, consisting of three general competencies: autonomy and self-learning; communication and teamwork skills; and creative and effective problem-solving abilities; and seven subject-specific competencies: language, numeracy, information technology, physical competence, aesthetics, technology, and the ability to explore the natural and social world.

6. TRAINING MODE AND GRADUATION REQUIREMENTS

6.1. Training Mode: The program is delivered under the credit-based training system.

6.2. Graduation Requirements: (Professional requirements, prerequisite courses, foreign language and information technology standards)

Students are eligible for graduation when they meet the following requirements:

- Achieve the **Program Learning Outcomes (PLOs)** of the academic program.
- Complete all required courses and accumulate the required number of credits in the program, with a **minimum cumulative Grade Point Average (GPA) of 2.00**.
- Obtain the **National Defense and Security Education certificate**.
- Meet the **foreign language proficiency standard** as required by the University.
- Meet the **information technology proficiency standard** as required by the University.

7. TEACHING AND ASSESSMENT METHODS

7.1. Teaching Methods

TT	Teaching Strategies	Teaching Methods
1	<p>Direct Instruction: Direct instruction is a teaching process in which the instructor directly delivers fundamental knowledge and information to students. In this approach, the instructor actively controls, guides, and organizes teaching activities. Through explanation, presentation, and detailed guidance, instructors help students understand lesson content clearly. This method is effective for delivering systematic knowledge, introducing new skills, and establishing a solid foundation for students to apply knowledge in professional practice and develop practical competencies.</p>	<ul style="list-style-type: none"> - Lecturing / Presentation / Explanation - Explanation and demonstration - Question–answer (guided discussion) - Problem posing - Simulation method - Practical instruction (demonstration/modeling)
2	<p>Indirect Instruction: Indirect instruction is a teaching strategy in which instructors create a learning environment that allows students to actively acquire knowledge without direct instruction. This method encourages learners to actively engage in the learning process by using critical thinking and independent problem-solving skills. Instead of directly transmitting knowledge, students explore, investigate, and apply the knowledge they have learned. This approach promotes self-learning, research ability, and personal responsibility for learning and professional development.</p>	<ul style="list-style-type: none"> - Case-based learning - Problem-based learning - Guiding questions - Online learning - Assignments - Discussion - Debate - Project-based learning

3	<p>Experiential Learning: Experiential learning consists of four stages: concrete experience, where students participate in practical activities such as group discussions, experiments, or field trips; reflective observation, where learners reflect on and analyze the outcomes, behaviors, and feelings from the experience; conceptualization, where learners derive concepts and theoretical understanding; and active experimentation, where learners apply knowledge to new situations to test and refine their understanding. This method contributes to the development of knowledge, skills, and learning attitudes.</p>	<ul style="list-style-type: none"> - Experiential learning activities - Practicum / Internship - Fieldwork - Simulation - Practice - Discussion - Project-based learning
4	<p>Interactive Teaching: Interactive teaching is a strategy in which students actively participate in discussions, dialogue, and collaboration with peers and instructors rather than passively receiving information. The instructor facilitates and coordinates the learning process, creating opportunities for continuous interaction and feedback. This approach helps develop communication, collaboration, critical thinking, and problem-solving skills while enhancing students' confidence and active participation in learning.</p>	<ul style="list-style-type: none"> - Interactive lectures - Group exercises - Discussion - Debate - Practice - Practicum / Internship - Fieldwork - Project-based learning
5	<p>Self-Directed Learning: Self-directed learning is a learning strategy in which students take responsibility for setting learning goals, planning, and managing their learning process with minimal instructor intervention. Students actively search for learning resources and complete learning tasks through assignments, projects, or problems proposed by instructors. This approach develops independent learning, research skills, autonomy, personal responsibility, and independent problem-solving ability.</p>	<ul style="list-style-type: none"> - Online learning - Homework assignments - Self-directed learning - Practice - Practicum / Internship - Fieldwork - Project-based learning

7.2. Assessment of Learning Outcomes

Student learning outcomes are assessed in accordance with the current Undergraduate Training Regulations of Quy Nhon University and based on the Program Learning Outcomes (PLOs).

7.2.1. Assessment and Course Grading

Assessment and Course Grading			
1. For theoretical courses or courses combining theory and practice	The course grade consists of two components: continuous assessment and the final examination.	Continuous assessment: accounts for 30%, 40%, or 50% of the course grade.	The assessment methods, forms of assessment, and weighting of each component are specified in the detailed course syllabus of each course.
		Final examination: accounts for 70%, 60%, or 50% of the course grade.	
2. For courses consisting only of laboratory or practical sessions	The course grade is calculated as the average score of all practical assessments during the semester, rounded to one decimal place.		
3. For specific courses such as practicum, fieldwork, course projects, or course design projects	The department responsible for the course proposes the assessment method, and the Rector makes the final decision.		
4. Assessment of Graduation Projects and Graduation Theses	<ul style="list-style-type: none"> - Graduation projects and graduation theses are evaluated by an evaluation committee established by decision of the Rector. - The committee consists of three members: the Chair, a Reviewer, and a Secretary (the supervisor does not 	<p>The final grade of the graduation thesis/project is calculated as the average of the scores given by the supervisor and the three committee members: $\left(\frac{\text{Supervisor's score} + \text{Scores of the three committee members}}{4} \right)$</p> <p>Component scores are graded on a 10-point scale with one decimal place. The final grade of the graduation thesis/project is also calculated on the 10-point scale, rounded to one decimal place, and then converted into the letter grade scale.</p>	

	participate as a committee member). The defense and evaluation of the graduation project or thesis are conducted only when all committee members are present.	
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Grading Scales Used

Scales	10-point scale The 10-point scale, ranging from 0 to 10 (with one decimal place), is used to assess continuous assessment scores, final examination scores, and the overall course grade.
	Letter grade scale The letter grade scale is used to classify course results corresponding to the course grade on the 10-point scale.
	4-point scale The 4-point scale is used to calculate the semester GPA and cumulative GPA, evaluate students' academic performance after each semester or academic stage, and classify graduation results.

Grade Conversion Table

10-point scale	Letter scale	4-point scale	Result
9 - 10	A+	4	Pass
8 – 8.9	A	3.5	
7 – 7.9	B+	3	
6 – 6.9	B	2.5	
5 – 5.9	C	2	
4 – 4.9	D	1.5	
0 – 3.9	F	0	Fail

7.2.2. Assessment Methods

Observation Method	This method evaluates students' attendance, learning attitudes, and engagement in class activities. It includes monitoring students' preparedness, independence, creativity, participation in discussions, and contributions to classroom learning.
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Assignment Assessment	This method evaluates the extent to which students complete assignments given by instructors related to course content both during and after class. These assignments may be completed individually or in groups and are graded based on predefined assessment criteria.
Presentation Assessment	Students are required to work individually or in groups to present their work to other students. This activity assesses not only their mastery of subject knowledge but also the development of skills such as communication, negotiation, and teamwork.
Written Assessment Methods	Written assessments include essay-type examinations, objective multiple-choice tests, or a combination of both.
Practical Assessment	Students are evaluated based on criteria such as the accuracy of procedures, performance of practical tasks, outcomes of the practice, and the quality of practical reports.
Oral Assessment	Students are evaluated through interviews, direct questions and answers. This method is used in some courses to assess students' overall competencies, including knowledge, communication skills, and presentation skills.
Group Work Assessment	This method is used during group learning activities to evaluate students' teamwork skills.
Essay / Term Paper Assessment	Students are evaluated through written reports on specific course-related or practical issues in order to draw conclusions, provide opinions, and propose solutions to improve or address the issues discussed. Assessment criteria include structure, content, conclusions, and presentation format.
Project-Based Assessment	Instructors evaluate the products developed by students to assess the level of construction, creativity, and effectiveness of the completed work. The criteria and standards used for evaluation may vary depending on the context of the project and its practical application.

Matrix of Alignment between Assessment Methods and Program Learning Outcomes (PLOs)

Assessment Methods	Program Learning Outcomes (PLOs)									
	PLO1		PLO2		PLO3		PLO4		PLO5	
	PI1.1	PI1.2	PI2.1	PI2.2	PI3.1	PI3.2	PI4.1	PI4.2	PI5.1	PI5.2
Observation Method		X		X		X		X		X
Assignment Assessment	X	X	X	X	X	X	X	X	X	X

Written Assessment	X		X		X		X		X	
Written Assessment Methods	X	X	X	X	X	X	X	X	X	X
Practical Assessment		X		X		X				
Oral Assessment	X	X	X	X	X	X	X	X	X	X
Group Work Assessment		X		X		X		X		X
Essay / Term Paper Assessment	X	X	X	X	X	X				
Project-Based Assessment		X		X		X		X		X

8. CURRICULUM CONTENT

No	Course Code	Course Title	Semester	Credits	Classroom Hours			Lab/Practic	Others (Practicum, Project, Term Paper)	Prerequisite Course	Managing Unit	Notes
					Lecture	Exercise	Discussion					
I. General Education Courses				24 credits (excluding National Defense and Security Education)								
I.1. Political Science and Law – 13 credits				13								
1	1130299	Marxist–Leninist Philosophy	1	3	40		10				<i>D.PSLSM</i>	
2	1130300	Marxist–Leninist Political Economy	2	2	27		6			1130299	<i>D.PSLSM</i>	
3	1130301	Scientific Socialism	3	2	27		6			1130300	<i>D.PSLSM</i>	
4	1130302	History of the Communist Party of Vietnam	4	2	27		6			1130299 1130300 1130301	<i>D.PSLSM</i>	
5	1130091	Ho Chi Minh Thought	5	2	27		6			1130302	<i>D.PSLSM</i>	
6	1130049	Introduction to Law	2	2	27		6				<i>D.PSLSM</i>	

I.2. National Defense and Security Education											
7	115001	National Defense and Security Education 1 (*)	5	3	37		8				C.NDSE
8	115002	National Defense and Security Education 2(*)	5	2	22		8				C.NDSE
9	115003	National Defense and Security Education 3(*)	5	2	14			16			C.NDSE
10	115004	National Defense and Security Education 4(*)	5	2	4			56			C.NDSE
I.3. Foreign Languages				7							
11	1090061	English 1	1	3	30	15					D.FL
12	1090166	English 2	2	4	40	20			1090061		D.FL
I.4. Supplementary Knowledge				4							
13	2030003	Communication Skills	2	2	20	5	0	10			D.SSH
14	1150422	Entrepreneurship	5	2	20	5	10		1130299 1130300		D.FBBA
II. Professional Education Courses											
II.1. Foundation Courses				38							
15	1050242	Fundamentals of Information Technology	2	3	30			30			D.IT
16	1040227	Human Anatomy and Physiology	1	3	43		4				D.NS
17	1120125	Sports Physiology	3	4	60				1120227		D.PE
18	1120070	Sports Hygiene	1	2	30						D.PE
19	1120242	Measurement in Physical Education and Sports	3	3	20	20	10				D.PE
20	1120243	Sports Medicine	4	3	42	3			1120125		D.PE
21	1120244	History of Physical Education, Sports and Olympic Games	5	2	25	5					D.PE
22	1120052	Sports Management	7	2	30						D.PE
23	1120245	Theory and Methodology of Physical Education 1	2	3	45						D.PE
24	1120246	Theory and Methodology of Physical Education 2	3	3	45				1120245		D.PE
25	1120135	Research Methods in Physical Education and Sports	6	3	15	10	20	20	1120246 1120242		D.PE
26	1100086	Psychology	4	3	30	10	10				D.SSH
27	2030410	Educational Studies	5	4	36	20		8	1100086		D.SSH
II.2. Major and Specialized Courses				57							
II.2.1. Major Courses				45							
II.2.1a. Compulsory Courses				36							
28	1120247	Athletics and Teaching Methodology	1	4	15			45			D.PE
29	1120248	Gymnastics and Teaching Methodology	1	4	15			45			D.PE

30	1120233	Volleyball and Teaching Methodology	6	4	15			45			D.PE	
31	1120232	Football and Teaching Methodology	3	4	15			45			D.PE	
32	1120131	Basketball and Teaching Methodology	6	4	15			45			D.PE	
33	1120230	Badminton and Teaching Methodology	3	4	15			45			D.PE	
34	1120229	Swimming and Teaching Methodology	4	4	15			45			D.PE	
35	1120249	Movement Games and Teaching Methodology	2	4	12	3	0	45			D.PE	
36	1120250	Handball and Teaching Methodology	7	4	15			45			D.PE	
II.2.1.b. Elective Courses				9								
37	1120252	Karate and Teaching Methodology	7	3	4			41			D.PE	
	1120200	Vietnamese Traditional Martial Arts and Teaching Methodology	7	3	15			30			D.PE	
	1120251	Taekwondo and Teaching Methodology	7	3	10	0	10	30			D.PE	
38	1120197	Shuttlecock Kicking and Teaching Methodology	4	3	15			30			D.PE	
	1120133	Chess and Teaching Methodology	4	3	15			30			D.PE	
39	1120253	Pickleball and Teaching Methodology	5	3	15			30			D.PE	
	1120231	Table Tennis and Teaching Methodology	5	3	15			30			D.PE	
II.2.2. Specialization Courses (Students choose one of the following specializations: Volleyball, Football, Badminton, Vietnamese Traditional Martial Arts)				12								
40	1120209	Sport Specialization: Volleyball 1	4	3	15			30			D.PE	
	1120210	Sport Specialization: Football 1	4	3	15			30			D.PE	
	1120212	Sport Specialization: Badminton 1	4	3	15			30			D.PE	
	1120254	Sport Specialization: Vietnamese Traditional Martial Arts 1	4	3	10	0	10	30			D.PE	
41	1120214	Sport Specialization: Volleyball 2	5	3	15			30		1120209	D.PE	
	1120215	Sport Specialization: Football 2	5	3	15			30		1120210	D.PE	
	1120217	Sport Specialization:	5	3	15			30		1120212	D.PE	

		Badminton 2										
	1120255	Sport Specialization: Vietnamese Traditional Martial Arts 2	5	3	10	0	10	30		1120254	D.PE	
42	1120219	Sport Specialization: Volleyball 3	6	3	15			30		1120214	D.PE	
	1120220	Sport Specialization: Football 3	6	3	15			30		1120215	D.PE	
	1120222	Sport Specialization: Badminton 3	6	3	15			30		1120217	D.PE	
	1120256	Sport Specialization: Vietnamese Traditional Martial Arts 3	6	3	10	0	10	30		1120255	D.PE	
43	1120224	Sport Specialization: Volleyball 4	7	3	15			30		1120219	D.PE	
	1120225	Sport Specialization: Football 4	7	3	15			30		1120220	D.PE	
	1120227	Sport Specialization: Badminton 4	7	3	15			30		1120222	D.PE	
	1120257	Sport Specialization: Vietnamese Traditional Martial Arts 4	7	3	10	0	10	30		1120256	D.PE	
II.3. Professional Practicum				13								
44	1120258	Pedagogical Skills Training 1	6	3				90			D.PE	
45	1120259	Pedagogical Skills Training 2	7	3				90		1120258	D.PE	
46	1120067	Fieldwork in Physical Education and Sports	6	1				15	TT		D.PE	
47	1120065	Teaching Practicum 1	7	1	4		20	2	TT	1120059	D.PE	
48	1120066	Teaching Practicum 2	8	5			138	12	TT	1120065	D.PE	
II.4. Graduation Thesis or Alternative Courses				6								
49	1120206	Graduation Thesis	8	6				180			D.PE	
Alternative Courses				6								
50	1120260	Methods for Developing Physical Education Teaching Plans	8	2	30					1120065	D.PE	
51	1120261	Methods for Organizing Physical Education Teaching	8	2	30					1120065	D.PE	
52	1120262	Methods of Assessment in Physical Education Teaching	8	2	20	10				1120065	D.PE	
Tổng cộng				138								

9. TEACHING PLAN (Tentative)

Semester 1

No	Course Code	Course Title	Credits	Classroom Hours			L/P	Others (PR, PJ, TP)	Prerequisite	Managing Unit	Notes
				L	E	D					
<i>Compulsory Courses</i>											
1	1130299	Marxist–Leninist Philosophy	3	40		10				D.PSLSM	
2	1090061	English 1	3	30	15					D.FL	
3	1040227	Human Anatomy and Physiology	3	43		4				D.NS	
4	1120247	Athletics and Teaching Methodology	4	15			45			D.PE	
5	1120248	Gymnastics and Teaching Methodology	4	15			45			D.PE	
6	1120070	Sports Hygiene	2	30						D.PE	
Total: 19 credits (19 compulsory + 0 elective)			19	188	0	14	90				

Semester 2

No	Course Code	Course Title	Credits	Classroom Hours			L/P	Others (PR, PJ, TP)	Prerequisite	Managing Unit	Notes
				L	E	D					
<i>Compulsory Courses</i>											
1	1130300	Marxist–Leninist Political Economy	2	27		6			1130299	D.PSLSM	
2	1130049	Introduction to Law	2	27		6				D.PSLSM	
3	2030003	Communication Skills	2	20	5	0	10			D.SSH	
4	1090166	English 2	4	40	20				1090061	D.FL	
5	1050242	Fundamentals of Information Technology	3	30			30			D.IT	
6	1120245	Theory and Methodology of Physical Education I	3	45						D.PE	
7	1120249	Movement Games and Teaching Methodology	4	12	3	0	45			D.PE	
20 credits (20 compulsory + 0 elective)			20	219	3	16	95				

Semester 3

No	Course Code	Course Title	Credits	Classroom Hours			L/P	Others PR, PJ, TP)	Prerequisite	Managing Unit	Notes
				L	E	D					
<i>Compulsory Courses</i>											
1	1130301	Scientific Socialism	2	27		6			1130300	D.PSLSM	
2	1120125	Sports Physiology	4	60					1120227	D.PE	
3	1120242	Measurement in Physical Education and Sports	3	20	20	10				D.PE	
4	1120246	Theory and Methodology of Physical	3	45					1120245	D.PE	

		Education 2								
5	1120232	Football and Teaching Methodology	4	15			45			D.PE
6	1120230	Badminton and Teaching Methodology	4	15			45			D.PE
20 credits (20 compulsory + 0 elective)			20	182	20	16	90			

Semester 4

No	Course Code	Course Title	Credits	Classroom Hours			L/P	Others (PR, PJ, TP)	Prerequisite	Managing Unit	Notes
				L	E	D					
<i>Compulsory Courses</i>											
1	1130302	History of the Communist Party of Vietnam	2	27		6			1130299 1130300 1130301	D.PSLSM	
2	1120243	Sports Medicine	3	42	3	0			1120125	D.PE	
3	1120229	Swimming and Teaching Methodology	4	15			45			D.PE	
4	1100086	Psychology	3	30	10	10				D.SSH	
<i>Elective Courses: choose 1 of the following</i>											
5	1120209	Sport Specialization: Volleyball 1	3	15			30			D.PE	
	1120210	Sport Specialization: Football 1	3	15			30			D.PE	
	1120212	Sport Specialization: Badminton 1	3	15			30			D.PE	
	1120254	Sport Specialization: Vietnamese Traditional Martial Arts 1	3	10	0	10	30			D.PE	
Choose 1 of the following											
6	1120133	Chess and Teaching Methodology	3	15	0	0	30			D.PE	
	1120197	Shuttlecock Kicking and Teaching Methodology	3	15	0	0	30			D.PE	
18 credits (12 compulsory + 6 elective)			18	144	13	16	105				

Semester 5

No	Course Code	Course Title	Credits	Classroom Hours			L/P	Others (PR, PJ, TP)	Prerequisite	Managing Unit	Notes
				L	E	D					
<i>Compulsory Courses</i>											
1	1130091	Ho Chi Minh Thought	2	27		6			1130302	D.PSLSM	
2	1150422	Entrepreneurship	2	20	5	10			1130299 1130300	D.FBBA	
3	2030410	Educational Studies	4	36	20	0	8		1100086	D.SSH	
4	1120244	History of Physical Education, Sports and Olympic Games	2	25	5	0	0			D.PE	

5	115001	National Defense and Security Education 1 (*)	3	37		8				C.NDSE	Obl.
6	115002	National Defense and Security Education 2 (*)	2	22		8				C.NDSE	Obl.
7	115003	National Defense and Security Education 3 (*)	2	14			16			C.NDSE	Obl.
8	115004	National Defense and Security Education 4 (*)	2	4			56			C.NDSE	Obl.
<i>Elective Courses: choose 1 of the following</i>											
9	1120214	Sport Specialization: Volleyball 2	3	15			30		1120209	D.PE	
	1120215	Sport Specialization: Football 2	3	15			30		1120210	D.PE	
	1120217	Sport Specialization: Badminton 2	3	15			30		1120212	D.PE	
	1120255	Sport Specialization: Vietnamese Traditional Martial Arts 2	3	10	0	10	30		1120254	D.PE	
<i>Elective Courses: choose 1 of the following</i>											
10	1120253	Pickleball and Teaching Methodology	3	15			30			D.PE	
	1120231	Table Tennis and Teaching Methodology	3	15			30			D.PE	
16 credits (10 compulsory + 6 elective)			16	138	32	10	68	2			

Semester 6

No	Course Code	Course Title	Credits	Classroom Hours			L/P	Others (PR, PJ, TP)	Prerequisite	Managing Unit	Notes
				L	E	D					
<i>Compulsory Courses</i>											
1	1120233	Volleyball and Teaching Methodology	4	15			45			D.PE	
2	1120131	Basketball and Teaching Methodology	4	15			45			D.PE	
3	1120135	Research Methods in Physical Education and Sports	3	15	10	20	20		1120246 1120242	D.PE	
4	1120258	Pedagogical Skills Training 1	3				90			D.PE	
5	1120067	Fieldwork in Physical Education and Sports	1				15	PP		D.PE	
<i>Elective Courses: choose 1 of the following</i>											
6	1120219	Sport Specialization: Volleyball 3	3	15			30		1120214	D.PE	
	1120220	Sport Specialization: Football 3	3	15			30		1120215	D.PE	
	1120222	Sport Specialization: Badminton 3	3	15			30		1120217	D.PE	
	1120256	Sport Specialization: Vietnamese Traditional Martial Arts 3	3	10	0	10	30		1120255	D.PE	
Total: 18 credits (15 compulsory + 3 elective)			18	60	10	20	235				

Semester 7

No	Course Code	Course Title	Credits	Classroom Hours			L/P	Others (PR, PJ, TP)	Prerequisite	Managing Unit	Notes
				L	E	D					
<i>Compulsory Courses</i>											
1	1120259	Pedagogical Skills Training 2	3				90		1120258	D.PE	
2	1120052	Sports Management	2	30						D.PE	
3	1120250	Handball and Teaching Methodology	4	15			45			D.PE	
4	1120065	Teaching Practicum 1	1	4		20	2	P		D.PE	
<i>Elective Courses: choose 1 of the following</i>											
5	1120224	Sport Specialization: Volleyball 4	3	15			30		1120219	D.PE	
	1120225	Sport Specialization: Football 4	3	15			30		1120220	D.PE	
	1120227	Sport Specialization: Badminton 4	3	15			30		1120222	D.PE	
	1120257	Sport Specialization: Vietnamese Traditional Martial Arts 4	3	10	0	10	30		1120256	D.PE	
<i>Elective Courses: choose 1 of the following</i>											
6	1120251	Taekwondo and Teaching Methodology	3	10	0	10	30			D.PE	
	1120252	Karatedo and Teaching Methodology	3	4			41			D.PE	
	1120200	Vietnamese Traditional Martial Arts and Teaching Methodology	3	15			30			D.PE	
16 credits (10 compulsory + 6 elective)			16	74	0	30	197				

Semester 8

No	Course Code	Course Title	Credits	Classroom Hours			L/P	Others (PR, PJ, TP)	Prerequisite	Managing Unit	Notes
				L	E	D					
<i>Compulsory Courses</i>											
1	1120066	Teaching Practicum 2	5			138	12	TT	1120065	D.PE	
2	1120206	Graduation Thesis	6				180			D.PE	
<i>Alternative Courses</i>			6								
2a	1120260	Methods for Developing Physical Education Teaching Plans	2	30					1120065	D.PE	
2b	1120261	Methods for Organizing Physical Education Teaching	2	30					1120065	D.PE	
2c	1120262	Assessment Methods in Physical Education Teaching	2	20	10				1120065	D.PE	
Total: 11 credits (11 compulsory + 0 elective)			11								

GUIDELINES FOR PROGRAM IMPLEMENTATION

- The program is designed in accordance with the current undergraduate training regulations issued by the **Ministry of Education and Training (MOET)** and is applied to students of the **Physical Education major starting from the 2025–2026 admission cycle (Cohort 48)**.

- The training process is implemented based on the approved curriculum, program objectives, target learners, workforce requirements, and specific requirements of the training program. For elective courses, depending on practical conditions, development trends, and social demands, the Faculty will advise students in selecting appropriate courses.

- The **Dean of the Department** is responsible for organizing and guiding the development of detailed course syllabi to ensure that the program objectives, content, and requirements are fully met, while also satisfying the needs of learners and society.

- The curriculum is reviewed and updated **at least once every two years** in order to respond to the development of the Physical Education discipline and to align with socio-economic development needs.

Gia Lai, August 01, 2025

RECTOR

Assoc. Prof. Dr. Doan Duc Tung